

Worksheet: Shabbat At Home

Who lights the candles on Shabbat in the household?

1. The head of the household.
2. The youngest daughter.
3. A female member.
4. Anyone.

List 4 things that are done to prepare for Shabbat at home.

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Why does the Friday meal take so long?

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What is the main food and drink used on Shabbat and what do they symbolise?

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Explain what happens after the Lighting of the Candles.

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