

Learning Programme Year 7 Football

Topic/Content	Objectives/Skills	Assessment	Success Criteria (for E/S/D at KS3)	Stretch & Challenge (Thirst for Learning)
Year 7 Football	<p><u>Warm Up –</u> To know the benefits of a warm up To perform the actions in the warm up To understand the importance of stretching at the start of the session. To know the names of major muscles. To carry out in pairs correct stretching routines safely.</p> <p><u>Skills –</u> To be able to perform the basic Football skills of passing, receiving, and dribbling To be able to perform these in a small sided games, and to understand and know the basic laws of the game i.e. Centres, Free kicks, Throws-ins (roll ins) To understand and know where passing is used in football. To incorporate these skills into small sided games of football To be able to perform these skills in a competitive situation To know and understand the simple rules of football such as starting, throws ins and scoring To be able to perform the inside of the foot passes and receive them. To understand and know the benefits of passing and those of this pass. To develop their understanding and knowledge of how to correctly receive the ball, and pass with the inside of the foot. E.g. Passing is quicker than a dribble</p>	<p>Students are assessed against the skills matrix.</p> <p>Assessment through observation of Core skills in isolation and full game context 5v5 up to 8 v 8</p> <p>Verbal feedback given.</p> <p>Use of demonstrations for key points using pupil exemplars</p>	See assessment matrix.	<p>Further challenge from house competition, A,B,C and D teams.</p> <p>Links to Trafford borough for school boy trials.</p>

	<p>To incorporate the previous learnt skills e.g. Passing, Receiving and Stopping / controlling the Ball.</p> <p>To know the importance of keeping their head up whilst performing drills</p> <p>To incorporate these skills into small sided games of football</p> <p>To be able to perform these skills in a competitive situation</p> <p>For the pupils to clearly know and understand how to, and why we shoot in Football.</p> <p>To be able to perform the Instep drive shot. The pupils are to play small sided games,</p> <p>Developing their knowledge and understanding of scoring in Football i.e. The ball must travel over the goal line, and how to perform this.</p> <p>To know and understand the importance of getting their head over the ball and not leaning back whilst shooting</p> <p>To be able to perform the Block tackle</p> <p>To understand and know when a Block tackle are used</p> <p>The pupils are to develop their knowledge and understanding of the laws used in Football i.e. Tackling</p>			
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