

Learning Programme Year 8 Badminton

Topic/Content	Objectives/Skills	Assessment	Success Criteria (for E/S/D at KS3)	Stretch & Challenge (Thirst for Learning)
Year 7 Badminton	<p><u>Warm Up –</u> To be able to move quickly around the court using short sidesteps. To understand the importance of stretching at the start of the session To be able to demonstrate stretches relevant to a badminton session.</p> <hr/> <p><u>Skills –</u> To be able to perform a technically correct low forehand serve. To know that a low serve must pass as close as possible to the tape of the net and why. To know that the low, short serve, should land as close as possible to the short service line, though inside the service box. To be able to observe the work of a partner (with the help of a teaching card) and suggest ways of improving performance. To be able to disguise the serve so as the opponent has very little idea what serve they are about to receive and so little time to prepare. To be able to use the low serve in conjunction with serves learned earlier, so as to reduce the predictability of your play. To be able to umpire a ½ court singles game, using the rules covered so far. To be able to contact the shuttle softly and with power. To feel the difference between hitting the shuttle hard and hitting it softly. To be able to serve the shuttle legally high and long. To be able to return the serve using the overhead clear. To know the rules concerning service areas. To be able to serve the shuttle legally short and low. To be able to return the serve using the underarm clear (lob) To know the rules concerning contact with the net.</p>	<p>Students are assessed against the skills matrix.</p> <p>Assessment through observation of Core skills in isolation and full game context 1v1 and doubles.</p> <p>Verbal feedback given.</p> <p>Use of demonstrations for key points using pupil exemplars.</p>	<p>See assessment matrix.</p>	<p>Able pupils guided towards specific clubs/teams.</p> <p>Tue and Wed lunchtime practice with external coach.</p>

	<p>To be able to use the low serve in conjunction with serves learned earlier, so as to reduce the predictability of your play.</p> <p>To be able to umpire a ½ court singles game, using the rules covered so far.</p> <p>To be able to use the serve, clear and drop in a rally.</p> <p>To know the rules regarding contact at the net.</p> <p>To be able to perform a technically correct lob to recover from an opponents drop shot.</p> <p>To know that the lob should travel high over the opponents head to the rear of their court.</p> <p>To be able to use the lob as part of a conditioned rally.</p> <p>To be able to move to the net and lift the shuttle to the rear of the opponent's court, before regaining position midcourt.</p> <p>To be able to use the lob in conjunction with the shots covered previously, in a competitive ½ court singles game.</p> <p>To understand that points can only be scored if the rally is won on your serve.</p> <p>To know and understand the rules regarding contact at the net.</p> <p>To know that the Smash is an attacking shot and why.</p> <p>To be able to perform a technically correct smash.</p> <p>To be able to use the smash in conjunction with the shots learned previously, in a ½ court singles game.</p> <p>To be able to apply the rules and tactics covered in earlier lessons to a competitive ½ court singles game.</p> <p>-To be able to perform the softer shots close in at the net to return the shuttle to the opponent's court.</p> <p>-To know that the shuttle must always pass over the net as low as possible to prevent it being smashed back down by the opponent.</p> <p>-To be able to force the opponent left or right using soft net shots.</p> <p>- To be know and understand the importance of net play and the shots played at the net</p> <p>To know and understand the importance of disguising the shots at the net</p>			
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