



St Ambrose College

Careers, life experiences and
preparing for the future

St Ambrose College

Careers and preparing for the future

This document demonstrates everything that we do here at St Ambrose College to ensure that all of our students live out our eight essentials of Edmund Rice. Every student leaves our school equipped with the skills to live a fulfilled life in modern Britain and the World. We give secure, independent careers guidance to all at St Ambrose through our partnership with MPloy Careers Service and our member of staff who has responsibility for careers, so we can motivate our students to fulfil their potential. We have careers interviews for our students, prioritising our SEN and Pupil Premium students.

We pride ourselves on offering all of our young people exciting opportunities within the curriculum, whole school activities and extracurricular sessions. All of these go together to enable our students to become aware of the options they have and give them the essential advice, information and guidance they need to make informed decisions. Our school always encourages every student to be ambitious in life and strive for “scholastic excellence”.

We instil in our young people the resilience to keep going, nurturing all the essential characteristics to be successful, healthy, safe and happy both during their time at school and equip them with the skills to be lifelong learners. We have a clear framework which is set out in this document.





We hold an annual careers convention in March to provide information to parents and students, allowing us to also enhance our working partnership with employment providers. We expect all of our students to apply themselves with 100% effort and determination and excel in whichever field they see as appropriate. We guide students through our well established transition procedures. We offer excellent information advice and guidance (IAG) for key stage 4 options which includes, amongst others, face to face mentoring, small group seminars led by SLT and our options evening with parents where students are guided to make informed choices. Our high quality transition to post 16 education includes taster days for Sixth Form in Year 11, open evenings, specialised assemblies, mentoring from staff and Senior Leadership Team (SLT).

At St Ambrose College students are never left in any doubt of what path / subjects / courses they should take to follow particular life goals.

We keep accurate records of all our past students and we know that they have moved successfully on to the next phase of their learning, or to the world of work.

We have a broad, balanced and rich curriculum, which is highly academic to suit our high achieving students.

Beginning at Year 7, opportunities are created for students to be challenged. Students become involved in activities such as problem solving, working independently or in groups, to meet our high expectations. This is evidenced by the progress they make, the way they conduct themselves around school and the way their work is presented - all skills vital for the world of work.

Through our PSHE programme we offer many opportunities for our students to reflect on their aspirations and foster the essential attributes required to be successful in the world.



We have a well established Old Boys' network where students who have gone on to lead successful lives in various careers return to St Ambrose College to speak to students both on one to one and also in assemblies / seminars. Our annual Careers Convention, showcases various careers and further education establishments. Previously, we have had over 50 advocates from many varied careers ensuring that there is something for all abilities and interests. Many of the speakers are former St Ambrose students, which has a very positive impact on our present students.



This demonstrates the value we place on looking to the future. The planning of these experiences takes place through PSHE, from time and through consultation with our careers advisers to ensure that students have a relevant and fruitful work experience. They are visited by staff and evaluation forms are completed by employers.

We work in successful partnership with local colleges and universities, in particular Manchester University and Lancaster University. We secure the attendance of the entire Year 12, by providing transportation to two university open days each year, as we know how valuable the experience is.

Other initiatives are set out later in this booklet, including online materials, trips and extracurricular sports/ activities. If you have any questions, please do not hesitate to ask us. We want to ensure that all students leave St Ambrose College having been challenged to be ambitious and the very best they can be, armed with the necessary skills to be an economically active member of society in an ever competitive labour market.

and have it to the full" (John 10;10)

CAREERS AND PREPARING FOR THE FUTURE WHOLE SCHOOL

FORMAL CURRICULUM

- PSHE lessons on expectations in the workplace and positive contributions to the world
- Reading in lessons to promote confidence
- British Values lessons: knowing Britain and the positive contributions to make
- Literacy and numeracy lessons in form
- English lessons focusing on interview skills, personal aspirations and CVs
- Performing Arts and English lesson developing performing and presenting skills through speaking and listening exercises
- Students focusing on the importance of presentation of work

STAFF/MENTORING

- Staff briefings/Inset promoting resilience
- Teaching British values lessons in form time
- Sutton Trust Foundation
- Promoting resilience in all lessons
- Staff training
- Focused staff briefings on topic of inspiring young people
- Use of praise in all lessons
- The importance of quality conversations

CAREERS AND PREPARING FOR THE FUTURE WHOLE SCHOOL

STUDENTS' LEARNING & EXPERIENCES

- Represented on Student Council
- Form Rep meetings with Head of House
- Leading assemblies
- Group work in lessons— opportunities for visits
- Retreat Days
- Sixth form mentors
- Activities week
- STEM week
- STEM club
- Active role within Edmund Rice Network
- Extra curricular sports
- Residential trips e.g. sports, skiing etc
- Trafford Youth Parliament

PARTNERSHIP/PARENTS

- Information in planner
- Parent events - see Calendar
- Mploy Careers Service
- Letters home about key events
- Information Evenings
- Parents' Evenings
- Promoting positive future and options every step of the way
- External speakers for awards evening, sports award dinner, & Old Boys' Dinner
- Collaboration with Industry and other institutions.
- National Citizen Service

WHAT WE DO AS A WHOLE SCHOOL

- Involve past students to inspire students to think about their future
- Assemblies
- Focus on Literacy
- Encourage students to fund raise
- Invest in Mploy Careers Service
- Member of staff responsible for Careers
- Motivate and inspire all Students

CAREERS AND PREPARING FOR THE FUTURE

Religious Studies/Theology

Trip to Sierra Leone

Work with Asylum Seekers

Interfaith Annual Event

Weekly visits to cornerstone refuge centre

Lourdes Pilgrimage

Promotion of Religious Vocations

Year 7 Religious Retreat

Creative Arts & Drama

Arts Day with external speakers, presentations & performances

Displays around the school

Entry to external Art competitions - The Living Edge Art Prize at the Lowry

Social Media/You Tube/Pinterest

Numerous Theatre Visits

Guest Speakers—such as Old Boy from RADA

Drama Club, Film club

Annual School Performance

Science

Safety Risk Assessment

Healthy Eating KS3
Effect of Exercise KS3/4
Alcohol KS4
Drugs

Chemical Synthesis/Analysis KS4/5

Engineering Society—All Years

Biology Club

Visit from Guest Speakers to clubs & Societies

Mock Interviews

Weekly Medical/Forensic Activities

Options Evening - Presentation / Visit departments / Assemblies / Discuss with SLT/HOSL

Numeracy skills/data analysis (All)

CAREERS AND PREPARING FOR THE FUTURE

English

Debating Society

Creative Writing

BBC Schools News Day

CV/UCAS References

Support with Duke of Edinburgh activities

Group Discussions

Formal Presentations

Job Interview S&L Tasks

MFL

Year 7 Trip to France

Language ambassadors programme

Junior Language Club

Discussions on future plans/careers including advantages/disadvantages of different paths

Mentoring Programme for Year 5 by 6th Formers

Work experience in Spain

Trip to Rome

Mathematics

Year 6 Maths Challenge

Maths Clinic

After School Revision Clubs

Mentoring Programme

Design Technology

Guest Speakers eg Architecture

Year 3 Furniture Industry Competition

Arkwright Scholarship—Engineering

Costume/Set Design for Drama Productions

Nutrition Healthy Diets

CAREERS AND PREPARING FOR THE FUTURE

Humanities

Geography Field Trips for all Year 7

Sixth Form Mentoring

Www1 Theatre Company Visit

Importance of Evaluating Sources

Interview Support Folder

Visits from Old Boys

Geography Field Trips all Years

Leadership skills

Visits from MP's

Trip to Coca Cola/Jaguar Factory

Sixth Form Led History Society
(All year groups attend and lead)

Mock Interviews

Politics Society

Visit to House of Parliament

Trip to Rome

Trip to Battlefields

PSHE - Being a positive leader

Business Trip to Coca Cola

Young Enterprise

Real Life Business Case Studies

Physical Education

Student Mentoring

Options evening for Sixth form 3
Pathways

Sailing Trip

Officiating /Building links with
Primary Schools

Duke of Edinburgh Award

Visits from Royal Marine Vis Team

Coaching, Refereeing,
Lifeguarding

Special assemblies on Sixth form
subjects

Sports Days

Swimming Gala

Skiing Trip

GCSE PE study the life plan of
sports men and women - Plan
for how to live healthy lives

CAREERS AND PREPARING FOR THE FUTURE

YEARS 12 and 13

Special Assemblies and visit to Safe Drive Stay Alive

Biology Club

Sixth form induction Transition year 12 and 13 evenings

Keele University Medical day

Teaching & Learning focus on independent learning

Gold Duke of Edinburgh

Vision Team - Discussing and making key decisions for the Sixth Form

Politics Trip

Sixth form Open evenings

UCAS prep in form

Young Enterprise Group

Cooking Skills to Survive

Work Experience

UCAS Convention Visit in Manchester

Sixth Form Debating

Year 13—12 mentoring

Structured study periods

Organise their own prom - Demonstrating social and organisational skills

Head Boy and Prefect System

Oxbridge talks & preparation

Sixth Form Coffee Mornings

University fairs

Careers guidance interview with careers teacher

1:1 Careers Advice Available

Year 12 Interview skills - Input from Career professionals on how to do well in interviews by professions for the world of work in particular for medicine and Oxbridge applicants.

Trips - Many curriculum areas for vital experiences

Opportunities page on website

Politics Trip to London